

# **TIDEWATER NAVAL MEDICAL TREATMENT FACILITIES PHARMACY FORMULARY LISTING**

**Feb 2005**

For the latest information regarding the NMCP Formulary, visit:  
<http://www-nmcp.med.navy.mil/Pharmacy/index.asp>

RECENT DELETIONS: EMLA cream, Pediazole suspension,

RECENT ADDITIONS: LMX4 cream

1. This formulary lists medications that are currently available at the Naval Medical Center and Branch Clinic Pharmacies. Changes to this list or guidelines may be made without prior notice. For update on a specific medication, please contact the pharmacy department.

Time limitations and quantity restrictions:

2. Prescriptions for Schedule II (C-II) medications expire 7 days from the date written, after which they cannot be filled at NAVY pharmacy locations. Outside civilian prescriptions for C-II medications from external providers not in the employ of the DoD expire 6 months from the date written as per Virginia state law. Federal DEA law prohibits refills. Quantity is limited to 30 doses for routine prescriptions, or a 30-day supply if used to treat chronic pain or cancer pain. Any exceptions require Pharmacy Department Head approval. The provider must document the specific indication of "chronic pain", "cancer pain", "tumor board", or "pain clinic patient" on the prescription. Prescriptions for ADHD therapy may be written for up to a 100-day supply. Demerol (meperidine) prescriptions are limited to 30 tablets.

3. Prescriptions written for Schedule III-V (CIII-V) medications expire 6 months from the date written, after which they cannot be filled or refilled. Quantity is limited to a maximum of 30-day supply and 5 refills. Exception: Prescriptions for clonazepam, phenobarbital, and mephobarbital documented with seizure indications can be filled for a 90-day supply with 1 refill.

4. Prescriptions written for non-controlled medications (C-VI, "Rx Only", and OTC/non-Rx) expire one year from the date written, after which they cannot be filled or refilled. Quantity is limited to a 90-day supply and 3 refills for most maintenance medications.

5. Drug and Class specific restrictions and exemptions:

- a. Tussionex: 60ml Exception: documented chronic cough at pharmacist discretion
- b. Meperidine tablets are limited to 30 per prescription.
- c. Oral Contraceptives: 6-month supply (with 1 refill)
- d. Bulk Compounded Medicines that are on the Formulary are open to all
- e. Non-formulary products are restricted to staff providers with appropriate justification. Navy Regulations prohibit military providers from rewriting civilian prescriptions. Non-formulary prescriptions are referred to mail order or retail sources (see notes below).

- f. Ciprofloxacin quantity limit is 20 tablets; gatifloxacin limit is 10 tablets without justification
- g. Tretinoin (Retin-A, others) restricted to patients less than 35 years of age, unless written by Dermatologist for medical reasons (wrinkling is not considered a medical reason)
- h. Alprostadil: Edex: 2 boxes (8 syringes) and Muse 1 box (6 pellets) per 30 days.
- i. Tricyclic Antidepressants (TCA's) will be filled for a default quantity of 30 days supply unless appropriate justification documented on prescription (max of 90-day supply).
- j. Triptan Migraine Agents (sumatriptan and zolmitriptan) are limited to nine tablets per prescription. Sumatriptan injections are limited to four per month. Sumatriptan nasal spray is limited to two units per month. This policy may be overridden with appropriate justification from provider (at pharmacist discretion).

6. Telephone prescriptions will NOT be accepted. Photocopy of prescription and fax will also NOT be accepted. By Navy Regulation, "Take as directed," in most circumstances, is not considered adequate instruction and should be avoided.

7. Refills must be called in: (757) 953-MEDS (953-6337) or toll free (866) 285-1008. Refills will be ready for pickup in 2 working days. Refills not picked up within 7 working days will be returned to stock.

## 8. HOURS OF OPERATION:

<p><b>Naval Medical Center Pharmacy</b>  OPEN 24 hours daily, 7 days a week,  including holidays.  Phone: 953-0258  Evenings, weekends, holidays: Priority to  Emergency Room and same day  prescriptions. Longer waits anticipated.</p> <p><b>Scott Center Annex Pharmacy</b>  Monday – Friday: 0800 – 1700  Saturday – 0800-1600 refill pickup only  Phone: 953-5970</p> <p><b>Branch Medical Clinic Boone Pharmacy</b>  Monday – Sunday 0700 – 1900  Federal holidays: closed  No civilian prescriptions filled on  weekends (except pain medications and  oral antibiotics)  Drive-Thru: M, Tu, Th, F 0700-1900,  WED 0830-1900 (closed Fed holidays)  Phone: 314-7388</p> <p><b>TRICARE Prime Chesapeake Pharmacy  (TRICARE Prime Only)*</b>  Monday-Saturday: 0700-1900  Sunday and Federal Holidays: Closed  Phone: 314-8999</p>	<p><b>Branch Medical Clinic Oceana  Pharmacy</b>  Monday – Friday: 0700 – 1900  Saturday, Sunday, Federal holidays: closed  Phone: 314-7153</p> <p><b>TRICARE Prime Virginia Beach  Pharmacy (TRICARE Prime Only)*</b>  Sunday-Saturday: 0700-1900  Federal Holidays: 0900-1700  Phone: 314-8900</p> <p><b>Branch Medical Clinic Sewells Point  Pharmacy</b>  Monday – Friday: 0700 – 1900  Saturday: 0700 – 1100  Sundays and Federal holidays: closed  Phone: 314-6396</p> <p><b>Naval Weapons Station Yorktown  Pharmacy</b>  Monday-Friday: 0730-1545 for new  prescriptions, and until 1600 for pickup  only. The pharmacy is closed daily from  1230-1300. Sat/Sun/Federal Holidays:  Closed  Phone: 314-6121/6152</p>
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\*As of March 1, 2003, the TRICARE Prime Clinic Pharmacies in Chesapeake and Virginia Beach will fill prescriptions from outside providers for TRICARE PRIME PATIENTS ONLY. All others will be referred to other military pharmacies as indicated above, the TRICARE Mail Order Pharmacy program (TMOP) or to the Retail Pharmacy Network.

TRICARE MAIL ORDER PHARMACY: Detailed “Beneficiary Guide” booklets with enrollment forms attached are available at all military pharmacies. Information is also available by calling (toll free) 866.363.8667 (866.DOD.TMOP) or on the Internet at [www.express-scripts.com](http://www.express-scripts.com). The TMOP contractor is Express Scripts, Inc. The TMOP formulary, Prior Authorization forms, and other information are also available at [www.pec.ha.osd.mil/TMOP/TMOPhome.htm](http://www.pec.ha.osd.mil/TMOP/TMOPhome.htm). The copay is \$3 generic/ \$9 brand for up to a 90-day supply (30 days for controlled substances), with additional refills as authorized by the provider. Military providers may also write prescriptions to be

submitted to TMOP (must have their own DEA number for controlled substances). Medications are mailed directly to the address specified by the patient and include APO and FPO addresses worldwide. Allow up to 14 days for processing. For more information, visit: <http://www.express-scripts.com>

**RETAIL PHARMACY NETWORK:** Nearly all pharmacies in the Hampton Roads area are participating TRICARE network pharmacies. Copay is \$3 generic/ \$9 brand for up to a 30-day supply (higher copay and deductible apply at non-participating pharmacies). Valid patient military ID card is required to register and must be shown when the prescription is presented. To transfer a prescription from a military pharmacy to a retail pharmacy, present your labeled container to the retail pharmacy. The retail pharmacy can then contact the NMC Pharmacy at 953-0258/0259 to conduct the transfer. Note that this is a one-way transfer: military pharmacies are not allowed to transfer prescriptions from a retail pharmacy.